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HONG KONG BAPTIST UNIVERSITY

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Ho Yuen-kei (centre) wins a gold medal in BISFed Boccia World Open

何宛淇（中）在蒙特利爾世界硬地滾球公開賽取得一面金牌

Date: 21 May 2018 (Monday)

China Studies student wins gold at International Boccia competition

中國研究學生於國際硬地滾球賽勇奪金牌

Ho Yuen-kei (China Studies, Year 4) won a gold medal in BC3 Individual in the BISFed Montreal Boccia World Open at Canada.

Yuen-kei remarked that the only target she set for herself was to break into the top four because the opponents were equipped with high-level playing skills, therefore she was nicely surprised when she claimed the gold medal.

Yuen-kei managed to maintain an enlightened state of mind throughout the competition which enabled her to enter the final round. In this round, she faced the competition's strongest opponent who beat Yuen-kei several times in the past with her varying techniques. Yuen-kei did not expect to win but she practiced what she learnt from training, such as finding a solution to the opponent's playing tactics and giving a satisfactory performance on the spot. These led to her eventual victory.

Yuen-kei is going to complete her undergraduate degree at HKBU and she will devote herself full time to the sport to prepare for the upcoming international competitions, including the Asian Games.

何宛淇（中國研究四年級）在加拿大舉行的蒙特利爾世界硬地滾球公開賽中，取得BC3級別個人冠軍。

宛淇表示，因為對手水平極高，所以一直只以打入四強為目標，所以能奪得金牌喜出望外。她表示，一直保持平常心比賽，最後成功打入決賽。由於對手一向打法變化多端，過去對賽多次，宛淇落敗的次數較多，因此不存厚望，但她努力對對手打法作針對性訓練，加上臨場發揮理想，終奪金而回。

今年畢業的宛淇，未來一段時間將全力投入運動員生涯，待完成亞運後，再決定發展去向。

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